



DOWNTOWN SENIOR CENTER

Hello all, I am excited that we are getting a chance to re-open. Although it's not a full open, but none the less I am still excited that we are moving in that direction. I hope you all are doing well. We are starting strong with our activities and times of activities. One thing that I do want to stress is that since we are limited on people and space I will need **RSVPs to 316-267-0197** to attend. Spring is here and what a great way to celebrate. I have missed you guys so much and can't wait to catch up with you all. Just so it's not a shocker - I will be having each and every person re-fill out the membership forms and waivers. So expect a little delay when you first arrive. If you would like to get the forms before your first day back and fill them out at home please let me know and I can arrange a way to get them to you.

-Jennifer

WHAT TO EXPECT WHEN RETURNING TO THE DOWNTOWN SENIOR CENTER:

- RSVP's will be required to attend an activity so be sure to program 316-267-0197 into your phone
 - Please leave a message if no one answers. We will be checking the phones throughout the day.
- Masks/Face Coverings will need to be on while in the building
 - if you are here for exercise class or pickleball, masks/face coverings will be worn while entering the space
 - while exercising, masks/face coverings will not be required
 - while waiting your turn to play pickleball you will need to put your mask back on
- You will notice tape or stickers on the floor indicating 6 foot distancing
- You will notice a temperature station by the check in computer
 - The thermometer has a loud audible beep when your temperature is read. It flashes green if acceptable.
 - the thermometer beeps a number of times and flashes red if not acceptable
 - if this happens we kindly ask you to leave and return when feeling better
- You will notice signs indicating how many people can be in each room
- You will notice plexi-glass barriers around the front desks, in employment and DSC office
- You will notice the bathrooms closed at certain times for cleaning
 - when they are closed this means closed as we have to wait for the sanitation spray to set and to be wiped clean
- All sanitation stations will be identified with signs
- All areas will be sanitized and cleaned a number of times throughout the day
 - you may notice our maintenance staff with a backpack sprayer - this is one of our cleaning tools to help keep you safe

Downtown Senior Center • 200 S Walnut, Wichita, KS 67213 • (316)267-0197
Hours: 8:00 a.m. - 4:30 p.m. • Director: Jennifer Fox • jenniferf@seniorservicesofwichita.org
Registration Required for ALL Center Activities • Membership: \$25 per year



Senior Learning Network Online Classes

I am sad to announce that the Senior Learning Network has decided to take a break on the production of Zoom/Online classes. We do have other options for classes but will not have the schedules until the 1st of the month. I will be happy to share this information to my Zoom Class List and anyone else that requests the information at the beginning of the month as well as print copies for those that would like to pick up a schedule at the senior center. You can always check them out on your own time as well. Here are the links to do so.

<https://www.mather.com/neighborhood-programs>

<https://www.getsetup.io/> - if you would like to register for one of these classes use the **code CPAAA** to access for FREE



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Senior Services Inc. of Wichita, Wichita, KS

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Tuesday/Thursday Schedule Of Ongoing Activities

Tuesday

- 10:00-12:00 - Open Billiards (12 people MAX)
- 10:00-12:00 - Open Fitness (2 people MAX)
- 10:30-11:30 - Exercise - Gym
- 11:30-12:30 - Tech Tuesday (2nd & 4th) - Gym
- 1:00-3:00 - Open Billiards (12 people MAX)
- 1:00-3:00 - Open Fitness (2 people MAX)
- 1:00-3:00 - Open Pickleball (24 people MAX) - Gym
- 1:00-3:00 - Dominoes 1st & 3rd (12 people MAX) - Room 2
- 2:00-3:00 - Bible Study (12 people MAX) - Room 3



Thursday

- 10:00-12:00 - Open Billiards (12 people MAX)
- 10:00-12:00 - Open Fitness (2 people MAX)
- 10:30-11:30 - Exercise - Gym
- 11:30-12:30 - Education (2nd & 4th) - Gym
- 1:00-3:00 - Open Billiards (12 people MAX)
- 1:00-3:00 - Open Fitness (2 people MAX)
- 1:00-3:00 - Open Pickleball (24 people MAX) - Gym
- 1:00-3:00 - Writing Craft 1st full week of month (12 people MAX) - Room 3
- 1:00-3:00 - Party Bridge 1st & 3rd (12 people MAX) - Room 2
- 1:00-3:00 - Hand & Foot 2nd & 4th (12 people MAX) - Room 2



Craft Classes

April 15 @ 1:00 - Craft - Simply Blessed Wood Sign - Kit \$10 - Please RSVP to Jennifer by April 9th. This class will be **both in-person and zoom** - This class we will learn how to make a wooden sign with a stencil. Space is limited for in-person to 12 people.



April 28 @ 10:00 - Watercolor Butterfly **Zoom ONLY** Kit \$7 - RSVP to Jennifer at 316-267-0197 by April 21st. We will be learning this fun Butterfly painting using watercolors.





Party Line or Online Classes

April 12 @ 10:00 **Party Line (316-395-2177)**: Bone Health 101 Beyond Calcium

April 15 @ 1:00 - Craft - Simply Blessed Wood Sign - \$10 per person due by April 12th this class will be **both in-person and zoom**

April 22 @ 2:00 - Financial Advisor - Zoom - After the election, now what to expect? Q&A - this class will be **both in-person and zoom**

April 28 @ 10:00 - Watercolor Butterfly **Zoom** Kit \$7 - RSVP by March 21st



Education Classes

April 6 @ 11:00 - Book Club - **Meet at Spears** - "She Come By It Natural: Dolly Parton and the Women Who Lived Her Songs", by Sarah Smarsh

April 8 @ 11:30 - Education - Stop Suffering from Allergies and Asthma - Gym

April 8 @ 1:00 - Writing Craft - Outlining or Diving Into a Project - Room 3

April 13 @ 11:30 - Tech Tuesday - Adding Contacts and Setting Favorites - Gym

April 13 @ 1:00 - Legal Advisor - Wills - Room 3

April 22 @ 11:30 - Education - 13 Life - Changing Decluttering Hacks - Gym

April 22 @ 2:00 - Financial Advisor - Zoom - After the election, now what to expect? Q&A - this class will be **both in-person and zoom** - Room 3

April 27 @ 11:30 - Tech Tuesday - Texting Made Fun - Gym

Bible Study for April will be working though Romans - Room 3

**BE SURE TO STOP BY THE DOWNTOWN SENIOR CENTER OFFICE
TO PICK UP OUR MONTHLY CALENDAR TO MARK AND
KEEP ALL YOUR ACTIVITIES STRAIGHT.**