



Linwood Senior Center

"I heard the bells on Christmas Day Their old, familiar carols play, And wild and sweet the words repeat, Of peace on earth, good-will to men!" ~Henry Wadsworth Longfellow

"Chill December brings the sleet, Blazing fire, and Christmas treat." ~Sara Coleridge

Dear Friends, here is to wishing you a Merry Christmas and Happy Hanukkah and Kwanzaa, with a Happy New Year tucked in! I hope you are ready for December, as it is upon us. I think the years pass by quicker and quicker! This month I want to encourage you to join us for the "Reindeer Games, Potluck & Crazy Christmas Sock Party". Also, we will be having some neat crafts, you can make some jewelry for your friends, or a glitterball to keep or give away! We also will be having Movie Mondays, back on the 9th & 23rd with Christmas Movie Themes. Another fun educational program is "Party Planning for the Holidays". So don't miss the fun. Finally, our new Anthology is out. It is titled, "Daring to Share - a Collection of Memories & Imaginings". Special thanks to our Starla Criser for ALL her work organizing and coaching all the contributors in their endeavors! It will be a GREAT "Stocking Stuffer."

Merry Christmas to you all!



Ongoing Activities

Monday

- 9:00 Stretching
- 9:30 Dynabands
- 10:00 Bible Study
(First Monday)
- 10:00 Early AM Bookclub
(Second Monday)
- 11:30 Friendship Lunch

Tuesday

- 9am-3pm Michelle's Foot
Care
- 9:00 Brain Games
- 9-11 Pickleball
- 9:30 Fit & Balance
- 10:30 BINGO
- 11:30 Friendship Lunch
- 1:00 Dime Bingo!
- 2:00 Writing Craft
(First Tuesday)

Wednesday

- 9:00 Arthritis Exercise
- 11:30 Friendship Lunch
- 1:00 Pinochle with Friends
- 1:00 Beginning Belly
Dancing

Thursday

- 9:00 Tai Chi Video
- 9-11 Pickleball
- 11:30 Friendship Lunch
- 1:00 Pinochle with Friends
- 1:30 Beginning Line
Dance
- 2:30 Advanced Line
Dance

Friday

- 9:00 Stronger Seniors
- 10:15 Presentations

- 10:30 (1st Friday) T&S
Pressure Check
- 11:30 Friendship Lunch
- 12:00 13 PT Pitch for Fun
- 1:00- 3:00 Dominoes
- 3:00 SECA (First Friday)

Daily/Anytime: Walking

Monthly

- 10:00 Advisory Council
the fourth Wednesday
of the month
- 10:30 Birthday Party
the third Wednesday
of the month.

Linwood Senior Center • 1901 S. Kansas, Wichita, KS 67211 • (316)263-3703
Hours: 8:00 a.m. - 4:30 p.m. • Director: Cherise Langenberg • CheriseL@seniorservicesofwichita.org
Registration Required for ALL Center Activities • Membership: \$25 per year



Linwood Senior Center

“YOU” are cordially invited to “Reindeer Games Potluck & Crazy Christmas Sock Party & Sing-A-Long”

Join us on December 19th from 1pm to 3pm. Bring a side dish or a dessert and don't forget to wear your CRAZY socks! Plan on singing and to play some games! RSVP by December 17th.



Please Note Linwood Holiday Closing. We will be **closing early on December 24 at 3pm. Closed on December 25. We close early on December 31 at 3pm and will be closed on January 1** for New Year's Day! Blessings to you all!

Thank you for attending and sharing your gifts, talents and friendships with us at the LINWOOD Senior Center! See you with 2020 vision!

If your family asks what you want for Christmas, ask them to pay for your senior center membership! This is a great gift that keeps on giving!

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◀ **Joan Lunden**, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.

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Linwood Senior Center Educational Opportunities

December

All events are on Fridays at 10:15am unless otherwise * noted. Please make sure your membership is current otherwise there is a \$2 fee. Please be faithful in payment. **Call 263-3703**
THANK YOU!

Friday, December 6, 2019

Party Planning for the Holidays

Make it easy on yourself with party planning. Come and get some ideas! Aubrey Verecke, Nutritionist/Coach at National Grocers

Friday, December 13,

Safety While Out & About

Stacy Gladfelter, Dignity Memorial

Friday, December 20, 2019

Holiday Trivia Brain Workout

Host, Cherise Langenberg



Check Out Our Newest Anthology "Dare To Share"

This will be a GREAT "Stocking Stuffer" for your family for the holidays! Thanks to Starla Criser for all her efforts! Cost of Hardback \$10/\$5 for softcover.

*Sale proceeds to benefit the senior centers!



Grief Support Group

Chaplain Greg Schmidt from Heart and Soul Hospice. If you have lost a friend or loved one, this may be a helpful group for you. Chaplain Greg Schmidt leads the group. December 16, from 2-3. Call 263-3703 to confirm!

OLD WICHITA NEIGHBORHOODS - "I Was There."

Patrick Joseph O'Connor would like to interview you concerning the early days in some of Wichita's older neighborhoods. The interviews will be structured around ten questions based on the American Folklore Society guidelines. They will be audio recorded, and a release will be required in case they go to an historical society or museum—or if they are published. These will be your words and history about what you lived through, hard times or good in Wichita's longest standing neighborhoods. Please sign up at the Senior Center. This is also where the interviews will be recorded. For questions, contact: Patrick Joseph O'Connor, MA Communications, Wichita Literary Society, wichlitsoc@gmail.com

Writing Craft: December 3, from 2pm-4pm

Program: All About Promotion

Exercise Words: heaven - bicycle - cradle - fox - wheelbarrow

Prompt: Write about someone interesting from your past.

Dec 18- DSC - Critique Group

**This is a great class to help you in the process of writing, get feedback and instruction. Please call Starla Criser, our author at 393-8195 for more information.



Linwood Senior Center

Early Morning Bookclub(Note Time Change)

December 9th at 10:00am as Starla Criser, author, will come and share her newest book, "Life's Twists and Turns" this is National Novel Month, so join us for some fun. Starla will have some books available for purchase. Call for more information!

Game of Fame

Fridays, from 1pm -3pm. We still have games on Fridays. We have Dominoes thanks to Paul & Rochel Payne every Friday, and we play other games. If you come this month, we will be sharing games that would be GREAT CHRISTMAS GIFTS for your family/ grandchildren. So, stop by on Friday afternoon so you can play with us!

Movie Time! Mondays from 1pm - 4pm.

Monday, December 2, 2019 - "White Christmas" (Directors Favorite)

Monday, Dec 9, 2019 - "Christmas in Connecticut"

Monday, Dec 23 - "Home Alone"

• All movies are subject to substitution if the original title is not available

Bible Study Class Monday

December 2, 10am - 11am. Join us!

Craft Time With Kay & Pat

We have lots of great crafts coming up. All crafts are \$5 each time, must rsvp to 263-3703 a week prior to the event. Call for times! These handmade crafts are great for last minute gifts.

12/11 "Glitterball" by Pat Collins 2-4pm

12/16 "Star" made with hangers by instructor, Kay Hood

12/18 "Jewelry Making" by our volunteer instructor, Eliada Mora 2-4pm



Larry Aavang
Stanley Allen
Francis Blex
Sharon Brown
Brian Burdick
Greg Burnham
Ray Darlington
Mary Denny
Ella Dill
Connie Eugea
Katherine Ferry
Theresa Fisher
Alvin Gerstenkorn
George Gragg
Floyd Gruver
Linda Hammann
Richard Herrman
Carlene Hinton
Karen Holden

Eva Keck
Harold Kelly
Gail Lane
Carol Lemont
Barbara McAuley
Larry McClintock
Gerald McCoy
Gail Nichols
Diane O'Donnell
Shirley Pepin
Sue Rose
Patricia Rouse
Deanne Ruark
Georgia Schell
Delores Swafford
Donna Thorton
Carleen Westover
Vickie Wright



Linwood SECA - Friday, January 6, 2020 at 3pm Meet new friends and have fun!

Belly Dancing Class: Wednesdays From 1pm - 2pm With Judie

Dansby She will be showing you how to strengthen your core. Call for more information.

DON'T FORGET THE BLANKET DRIVE & OUR CHRISTMAS LIGHTS TOUR! CALL FOR MORE INFORMATON!