

LET US KNOW WHAT YOU THINK! PLEASE MARK YOUR MENU AT THE END OF THE MONTH AND SEND IT BACK TO US:

Cross through items you don't like. Circle items you do like.
Put a star in front of items you want to see more often.
NEW MEAL ITEMS ARE UNDERLINED.

Suggested Donation
\$10 Monthly

JUNE 2019 - NOON MEALS ARE NOT LATE UNTIL 1:00 P.M.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fried Chicken Mashed Potatoes with Gravy Sweet Kernel Corn Mixed Fruit-Chutney Wheat Roll	4 Salisbury Steak & Onion Gravy Rice Pilaf Sugar Snap Peas Cinnamon Applesauce	5 Corndog Baked Beans Dilled Carrots Fruit Muffin Fruited Strawberry Gelatin	6 Sliced Turkey Breast Cornbread Stuffing Brussels Sprouts Hawaiian Roll Cranberry Packet	7 COLD MEAL Chicken Salad Wheat Crackers Pickled Beets Calico Salad Mixed Fruit Cup
10 Baked Ham Slice Candied Yams Cauliflower Buttermilk Biscuit Apple Slices with Peanut Butter	11 COLD MEAL <u>Chop House Steak Salad with Eggs</u> Spring Peas Pineapple Chunks Fruit Yogurt	12 Chicken-Fried Steak Mashed Potatoes & Gravy Roasted Zucchini Baked Pears	13 Swedish Meatballs Buttered Noodles Peas & Carrots Dinner Roll Grape Bunch	14 Roast Beef with Gravy Red Roasted Potatoes Green Beans Wheat Roll Peaches
17 Catfish Filet Mac & Cheese Turnip Greens Lemon Pudding Tartar Sauce Fresh Fruit Cup	18 Garlic Parmesan Chicken Breast 3 Bean Salad Garlic Biscuit Fruit Gelatin	19 <u>Sausage Strata</u> Stewed Tomatoes Hot Fruit Compote	20 Meatloaf Mashed Potatoes with Gravy Carrot Coins Dinner Roll Orange	21 COLD MEAL Italian Cold Cut Sub Lettuce & Tomato Macaroni Salad Cherry Vanilla Yogurt Apple
24 COLD MEAL Grilled Chicken Caesar Salad Whole Grain Roll Mandarin Oranges	25 Beef & Noodles Peas & Carrots Roll Fresh Banana	26 BBQ Pork Shank Au Gratin Potatoes Country Blend Vegetables Cherry Cobbler	27 Sweet and Sour Chicken with Oriental Veggies Fried Rice Spring Roll Cantaloupe Chunks	28 Roast Beef & Cheddar on Onion Bun Oven Curly Fries California Blend Vegetable Fruit Yogurt Strawberry Cup

IF YOU DO NOT EAT YOUR MEAL WHEN IT ARRIVES - REFRIGERATE IMMEDIATELY!