

LET US KNOW WHAT YOU THINK! PLEASE MARK YOUR MENU AT THE END OF THE MONTH AND SEND IT BACK TO US:

Cross through items you don't like.

Circle items you do like.

Put a star in front of items you want to see more often.

Suggested Donation \$10 Monthly

January 2019 - NOON MEALS ARE NOT LATE UNTIL 1:00 P.M.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 HOLIDAY Use the meal provided.	2 Oven Fried Chicken Mashed Potatoes with Gravy Vegetable Blend Sweet Yeast Roll Mixed Fruit	3 Sloppy Joe on Bun Sweet Cut Corn Hot Blueberry Crisp Coleslaw	4 Roasted Beef with Gravy New Potatoes Parslied Cauliflower Roll Fruit Jello
7 Beef & Cheese Filled Ravioli with Sauce Cali Blend Veg. Garlic Knot Blueberry Salad	8 Tuna Tetrizzini Winter Blend Vegetables Roll Peaches	9 Meatloaf Augratin Potatoes Smoky Green Beans Hot Fruit Compote	10 Chicken Rice Soup with Vegetables Hot Spiced Pears Buttermilk Biscuit	11 Sausage, Egg & Cheese Croissant Hash Browns Stewed Tomatoes Petite Banana V-8
14 Roasted Turkey Stuffing Peas Wheat Roll Applesauce	15 Chili Beefy Mac Mixed Vegetables Garlic Bread Fresh Orange	16 Fish Fillet Sandwich with Tartar Sauce Broccoli and Cheese Hot Fruit Cobbler Cookie	17 Island Pineapple Chicken Caribbean Rice Capri Vegetables Hot Cherry Cobbler	18 <u>Bean and Bacon Soup</u> Candied Carrots Cornbread Muffin Berry Yogurt Cup
21 HOLIDAY Use the meal provided.	22 White Sauce Chicken Enchilada Casserole Fiesta Black Beans Normandy Blend Vegetables Mini Raspberry Chimi	23 Garlic Pepper Pulled Pork Twice Baked Potato Brussels Sprouts Roll Apple	24 Parmesan Crusted Turkey Cutlet Scalloped Potatoes Beets Garlic Knot Mixed Fruit	25 Salisbury Steak Mashed Potatoes & Brown Gravy Mixed Veg. Dinner Roll Strawberries and Cream
28 Beef Italian Sausage with Peppers & Onions Steamed Rice Zucchini Pineapple Banana Fudge Bites	29 Steak Fingers with Ranch Sauce Sweet Potato Fries Peas Mandarin Orange Salad	30 Smothered Chicken Breast Wild Rice Spinach Pears	31 Cranberry Meatballs Buttered Noodles Green Beans Muffin Diced Peaches	New menu items are underlined.

IF YOU DO NOT EAT YOUR MEAL WHEN IT ARRIVES - REFRIGERATE IMMEDIATELY!