



Linwood Senior Center

*"Silent night, holy night, all is calm, all is bright..."
~ Joseph Mohr ~*

Hi Linwood Friends,

Blessings to you this holiday season.

Tis the season to be jolly, and I hope you are finding some peace in this busy season. This is a time when we get all tied up with tinsel and wrapping, shopping for that special gift or making a gift to share with the ones we love. But don't forget to breathe in a moment of calm, go to a candle light service, and reflect on the love that is celebrated for our world.

This month we have several activities and we want to welcome you to stop by for fellowship and have a cup of hot chocolate. We are having the "Find the Elf" activity again, where we hide our little guy and search for him. We are also having a jam session for those that play an instrument or want to come and sing-a-long. We will be having a cookie exchange, a fun movie and some neat crafts that you can give as gifts. Sometimes this can be a lonely time for those who have lost loved ones but we don't want you to be alone, so come by and fellowship with us.

~Cherise & Co~



Ongoing Activities

Monday

- 9:00 Stretching
- 9:30 Dynabands
- 10:00 Bible Study
(First Monday)
- 10:00 Early AM Bookclub
(Second Monday)
- 11:30 Friendship Lunch

Tuesday

- 9am-3pm Michelle's Foot
Care
- 9:00 Brain Games
- 9-11 Pickleball
- 9:30 Fit & Balance
- 10:30 BINGO
- 11:30 Friendship Lunch
- 1:30 Dime Bingo!
- 2:00 Writing Craft (1st Tues.)

Wednesday

- 9:00 Arthritis Exercise
- 11:30 Friendship Lunch
- 1:00 Pinochle with Friends

Thursday

- 9:00 Tai Chi
- 9-11 Pickleball
- 11:30 Friendship Lunch
- 1:00 Pinochle with Friends
- 1:30 Beginning Line Dance
- 2:30 Advanced Line Dance

Friday

- 9:00 Stronger Seniors
- 10:15 Presentations
- 10:30 (1st Friday) T&S Pressure
Check
- 11:30 Friendship Lunch
- 12:00 13 PT Pitch for Fun

- 1:00 Games of Fame
(2nd Friday)
- 3:15 Yoga

Daily/Anytime

Walking

Monthly

- 10:00 Advisory Council the
fourth Wednesday of the
month
- 10:30 Birthday Party the third
Wednesday of the month.

Linwood Senior Center • 901 S. Kansas, Wichita, KS 67211 • (316)263-3703
Hours: 8:00 a.m. - 4:30 p.m. • Director: Cherise Langenberg • CheriseL@seniorservicesofwichita.org

Registration Required for ALL Center Activities • Membership: \$25 per year



Linwood Senior Center

“Find the Elf” Game is BACK!

Come to Linwood everyday in December and look for our Elf who is hiding in the Center. Each day the Elf will be hiding in a different place and each day you find him, you can enter in a drawing for a \$30 gift card for Cracker Barrel.



The drawing will be held on Friday, December 21, at our Christmas Party.

*You must be a current member of one of our 4 centers to win!

Sending out a special shout out “Thank You” for our generous donor for the gift certificate!

Movie Time!

Wednesday, December 19, from 1:00 -? “Christmas With The Kranks” (we may substitute if we cannot get the movie above). The popcorn and root beer floats are on us! Join us for some fun!

You’re Invited to Our “Christmas Sing Along & Cookie Exchange”

Santa’s coming and we hope YOU are too. Linwood’s having a “Christmas Sing Along & Cookie Exchange” on December 21, from 2-4 pm.

Bring 2-3 dozen cookies of any kind to share and wear your crazy Christmas socks and Christmas sweaters. You may just win a prize!

We will also be drawing for our “Find The Elf” prize and our “Watch” drawing RSVP at the front desk.

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Linwood Senior Center Educational Opportunities

December

All events are on Fridays at 10:15am unless otherwise * noted. Please make sure your membership is current - otherwise there is a \$2 fee. Please be faithful in payment. PLEASE RSVP for all EDUCATIONAL events, as with the weather we may have unexpected cancellations. THANK YOU!

December 7, 2018

“Healthy Hearing & It’s Importance In Your Life”

Hearing Check Provided.
Please RSVP to 263-3703

Presenter -Dr. Patrick Washington, from the Hearing Group

December 21, 2018

“Christmas Trivia”

Presenter - Cherise Langenberg



Special Event

Wednesday, December 26 from 1-3 p.m.
“Turkey & Noodles, What to Make From Christmas Leftovers” Special Demo by our Pat Collins, learn how to roll out the noodles, prepare, cook and eat them!

Living Well Support Group Meeting

Living Well Support Group is not meeting this month.

Christmas Sale

Thank you for all your GENEROUS donations for the November sale! We did well. Just for you Charlotte Kuhn says we are having a 50% sale this month on Christmas items. So stop by and see if you can find some fun Christmas decorations!

Writing Craft

December 4, 2018 from 2-4pm “The Writing Process; Promotion” This is a great class to help you in the process of writing. To get feedback and instruction please call Starla Criser, our author, at 393-8195 for more information.

Help A Young Family In Need

This year Linwood and the other centers have sponsored a family for Christmas. Our family is a young mother with children ages 2 & 3. The family was selected for us by the Salvation Army. We need the following to help them have a joyous Christmas. Cash donations to help with a Christmas meal or two, or gift cards from a grocery store. Toys for the children 2 gifts each valuing \$25 dollars per gift. The little boy would like a dump truck and the little girl would like a doll or dolls of Disney princesses. The mother requested bath towels. This is a WONDERFUL opportunity for you to give so please let us know if you can help by December 5.

Thank you and God Bless You for Giving!

*We are still collecting hats and socks for Boys and Girls for “Kids with Cancer”. Please bring donations and put them in the box in the Linwood Office. THANK YOU!

Linwood SECA

SECA stands for “Seniors Exploring the Cultural Arts”. This is a neat way to have fun and provide a safe, friendly way for people 55+ to attend theatrical events together. Come and find out what opportunities Starla Criser and Rebecca McKanna, have made available on December 7, 2018 at 3pm.

Christmas BINGO

Jessica Reyes is back on Tuesday, December 11 @ 10:30am for some fun Christmas Bingo! Plan on joining us, but please RSVP so she knows how many gifts to bring!

Special Event

December 14, 2018 JAM Session starting at 10am Bring your instrument and your voice to sing-a-long in a fun get together. Donna Broz will play the piano with Greg Golding on guitar, and Joan Morrison on Ukelele and YOU! **(We will be closing early on the 14th @ 12:30pm, please note other full day closures on December 24-25, 2018)**



Linwood Senior Center

Late Morning Bookclub

NOTE: DAY CHANGE! Bring your lunch money and join us on Wednesday, December 12 at 11am at Gabbies Restaurant (Peruvian Cuisine) on the SE Corner of Seneca and McCormick call for info 263-3703. Book to be discussed: "Winter Dance" By Gary Paulsen

Game Time

Game time on Monday, December 3, from 1 - 3p.m. JENGA anyone? Or bring a game and we will try it! Trust us, you will have some fun and laughs!

Craft Time With Kay & Pat

If you have not been paying attention, we have had some great crafts lately. We also are having some more crafts.

December 5 at 2:30pm - Shoulder Pad Angels; cost \$3

December 12 at 2:30pm - Frosty's Top Hat Centerpiece; cost \$3

December 19 at 2:30pm - Christmas Ornaments

RSVP for all at 263-3703. These crafts would be great Christmas gifts!



Belly Dancing Classes For Women

Judie Dansby has been instructing women for many years. She will help you and get your core strengthened as well as help you stay FIT! It is a fun class. It meets Wednesdays at 1pm. Call for more info!

Grief Support Group

This is a support group that was started to support those who had lost friends and loved ones. Chaplain Greg Schmidt shares some great topics and leads the group sponsored by Heart and Soul Hospice. Please join us and let us encourage one another and bear one another's burdens! December 17, 2018 at 2pm

"Drawing For A Men's Watch"

Another generous donor has offered a beautiful men's watch. Stop by and register each day to see if you can win the watch and put it in your Christmas stocking! Good Luck. Drawing will be held on Friday, December 21, at our Christmas Party.

Must be current member of one of our 4-centers to win! Special shout out "Thank You" to our delightful donor.

Drawing & Watercolor Classes

Joan Morrison, our delightful teacher, is leading the classes. We usually meet on Mondays from 3-4:30pm the 2nd and 3rd Mondays of the month. Please call to RSVP!

4-Center "Christmas Selfie Scavenger Hunt"

We want to have some fun on Monday, December 17, 2018. We will be meeting inside Towne West Mall at the Dillards Clearance Store entrance at 10 am!

We will start looking for items and people to take pictures of, there will be lots of walking! Bring your phone or camera for pictures, and some \$ to eat at the food court after the hunt. Call your home center or Linwood center to RSVP! Let's have some FUN!!! * For those of you who want to caravan from Linwood call 263-3703.

Happy Birthday!

Larry Aavang
Stanley Allen
Sharon Brown
Brian Burdick
Ray Darlington
Mary Denny
Ella Dill
Katherine Ferry
Theresa Fisher
Floyd Gruver
Linda Hammann
Richard Herrman
Carlene Hinton
Stephne Hockenhull
Karen Holden
Phillippa Jones

Eva Keck
Harold Kelly
Gail Lane
Barbara McAuley
Larry McClintock
Gerald McCoy
Gail Nichols
Eric Powell
Edith Richardson
Sue Rose
Patricia Rouse
Deanne Ruark
Delores Swafford
Donna Thorton
Truman Ware