



Northeast Senior Center

Hello Everyone.....Happy July!!!

Well ladies and gentlemen, I wanted to share with you that Motown Madness was a success again this year. I would like to thank Humana for helping sponsor some of the food. That was truly a blessing. The performances just keep getting better and better. We even had The Northeast Steppers stop by and showed us what they were working with... Connie Stone & Company blessed us as well with the skit "Seniors Have Aides," which turned out really nice. I want to take a moment to thank all those who donated desserts, gift cards, your time...and the list go on in helping make the event a success. Without everyone working together, it would not have been possible. Thank You! Thank You! Thank You! If you did not make it to see Motown Madness you missed a real treat...If you were in the show thank you for participating.

As always, if you have questions, comments, or concerns feel free to stop by the office. Or if you are interested in teaching a class or helping on a committee, please let us know and we can make that happen. Remember, this is your center and the overall goal is to provide an environment that keeps you mobile, active and independent. With all that our four centers have to offer (Dominoes, Line Dance, Exercise, Pickleball, Computer Classes, Jewelry Class, Quilting Class, Painting, Spanish Class...I can keep going), I feel we are doing it rather well...Be Blessed!
-Carnesha Tucker, Center Director

Food For Thought

Do it now...Because sometimes "later" becomes "never."

Ongoing Activities

Monday

9:30 WSU Exercise
10:30 Advisory Council
11:30 API - Friendship Meals
2:30 Computer Class

Tuesday

9:30 Keep It Moving (Exercise)
10:30 Bingo
11:30 API - Friendship Meals
12:00 Conversation Spanish

Wednesday

9:30 WSU Exercise
10:00 Special Events Committee
10:30 Computer Class
11:30 API - Friendship Meals
1:00 Line Dance (2nd and 4th Wednesday)

Thursday

10:00 Quilters' Treasures
10:30 Jewelry Class
11:30 API - Friendship Meals
12:00 Bible Study
1:00 Card Games (Bid Whist & Spades)
2:00 Drawing 101

Friday

9:30 WSU Exercise
11:30 API - Friendship Meals
1:00 Bridge

Special Events Committee is the 3rd Monday each month @ 10 a.m.

Advisory Council is every 2nd Monday each month @10:30 a.m.

Northeast Senior Center • 2121 E. 21st, Wichita, KS 67214 • (316) 269-4444
Hours: 8:00 a.m. - 4:30 p.m. • Director: Carnesha Tucker • CarneshaT@seniorservicesofwichita.org
Registration Required for ALL Center Activities • Membership: \$25 per year



Northeast Senior Center

Monthly Events

Advisory Council:

Monday, July 9th, at 10:30 a.m.

Blood Pressure Checks:

Second Monday of each month at 11:15 a.m.,
Courtesy of Orchard Gardens Rehabilitation &
Healthcare Center

Foot Care by Michelle Steinke

First Wednesday of each month by
appointment. Michelle does nail trimming,
corns, calluses, and foot massages. Please call
946-0722 (leave a message).


Holiday Closing

We are closing at 3 p.m. July 3 and will be
closed July 4.

Upcoming Events

The Advisory Council and I are discussing
some events for the coming months. Normally
we take a break for July, August, and
September, but keep your eyes open and be
on the lookout for some dates and times for a
center garage sale and maybe a senior prom,
and who knows what else. -Carnesha



<p>LET US <i>carry</i> YOUR MESSAGE TO <i>Senior</i> THE <i>Community</i></p> <p>For advertising info call: 1-800-950-9952</p> 	<p>GO</p>	<p>with HOME BUDDY's ANYWHERE HELP now you can!</p> <p>Call us today to find out more. 316-262-8339 Homebuddy.org</p> 
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 <p><i>Huntington</i> PARK</p>	<ul style="list-style-type: none"> • Gated Community • Clubhouse • Garage(s) & Storage Space(s) • 24 Hour Fitness Center • Washer/Dryer Connections • Handicapped Accessible • Business Center • Book Exchange • Basketball Court • Package Receiving • Outdoor Fireplace & Grill • Swimming Pool & Hot Tub • Pet Playground • Pond • On-site Laundry
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Fourth Of July

Find and circle all of the words that are hidden in the grid.
The remaining letters spell an Abraham Lincoln quotation.

L B C E L G A E D L A B N T H L O D S
A E S E F E W P A T R I O T I C E N T
V N H O L D E S N E A Y G B I C O H R
I F S F O E R T K T E A E N O O O E E
N R T E A Y B A I D L R C R L M E Y C
R A R S T R C R O F T I A L A M C T N
A N E U S O B S A Y P T A S F A N O O
C K A O M T H A O T I B J T R H E D C
E L M H A S O N I O I E R C E B D O B
B I E E D I T D N H F O O P E A N O E
A N R T A H D S S F P M N A D S E H T
R G S I N D O T E E E L S R O E P N S
B Y E H H E G R R D V E E A M B E O Y
E A I W O I S I Y T R A P D T A D I R
C D N N J O A P O T F O R E A L N T O
U I O T N S R E G R U B M A H L I A S
E L L H U E M S K R O W E R I F I N S
S O O R E D W H I T E B L U E E L H V
E H C M E H T N A L A N O I T A N S P

BALD EAGLE	CONCERTS	HOLIDAY	PATRIOTIC
BALLOONS	DECORATIONS	HOT DOGS	PHILADELPHIA
BARBECUE	DEMOCRACY	INDEPENDENCE	PICNIC
BASEBALL	FIREWORKS	JOHN ADAMS	RED WHITE BLUE
BEN FRANKLIN	FLAG	LIBERTY	STARS AND STRIPES
BETSY ROSS	FLOATS	NATIONAL ANTHEM	STREAMERS
CAKE	FREEDOM	NATIONHOOD	THOMAS JEFFERSON
CARNIVAL	GREAT BRITAIN	PARADE	USA
CELEBRATION	HAMBURGERS	PARTY	WHITE HOUSE
COLONIES	HISTORY		

[Did you enjoy this puzzle? Visit:](https://www.puzzles.ca/word-search) <https://www.puzzles.ca/word-search>



Northeast Senior Center Educational Opportunities

July

Friday, July 6th @ 11:45 a.m.
“Keeping Your Senses Sharp”
Angels Care Home Health

Thursday, July 12th @ 11:45 a.m.
“Recognizing Elders in Danger”
Celia Easley - CPAAA

Friday, July 13th @ 11:45 a.m.
“Fire & Tornado Safety”
Paulette Johnston - Lakepoint

August

Friday, August 3rd @ 11:45 a.m.
**“Staying Healthy During
Cold and Flu Season”**
Angels Care Home Health

Thursday, August 9th @ 11:45 a.m.
“Aging in Place”
Celia Easley - CPAAA



The Northeast Senior Center held its annual Motown Madness (Karaoke Talent Show) Saturday, June 2nd. The event started off with dinner (spaghetti, salad, breadsticks and dessert) sponsored by Humana. There were around 20 performances that kept the crowd well entertained. The Northeast Steppers stopped by and performed. They also kept the crowd moving and grooving. Before closing we were blessed with a skit titled “Seniors Have Aides” put on by our own Connie Stone & Company. The event turned out to be a huge success again this year.

