



Downtown Senior Center

Dear Friends,

Spring is here! There are so many fun things planned in April.

Do you want to learn to act or sing? Or perhaps play the piano? Andrew Young will be at the DSC/West Side Baptist Church to begin lessons, so call and get on the list. It would be fun to produce some small plays with our members as actors after we get back into the DSC building.

April 16th is National Healthcare Decisions Day, so Kansas Legal Services' attorneys and staff are coming that day at 10:30 a.m. to 12:30 p.m. to be available for questions or help fill out paperwork for power of attorney, living wills, or other official papers you may need done. Please RSVP 267-0197 so we know how many are coming.

The Downtown Senior Center remodeling update is the Meals on Wheels new kitchen should be open and serving meals as you read this article with the downstairs area available for moving in sometime in mid to last of May. We will need a few weeks to move furniture, etc. into the building along with cleaning and organizing the remodeled space, so programs will not be moved from the church until mid to late June. Larger groups such as pickle ball and Prairie Quilter's Guild activities will be planned for July 2018. It will be nice to be back in our building again.

Go have some fun and enjoy April.

Spirit Around You & Yours, Carolyn Earnest

Ongoing Activities, West Side Baptist Church, 304 S. Seneca

Monday

- Pool/Snooker (Orchard Park/Linwood)
- Competitive Pickleball (Orchard Park/Linwood)
- 9:30 am Wanda's Exercises
- 10:00 am Prairie Moon Book Club (1st Monday) (Room 139)
- 11:00 am WSU Well Rep Exercises (Gym)
- 12:00 pm Grand Slam Bridge (Bristo/Room112)
- 1:00 pm Senior Employment Orientation (moved to NE Senior Center)
- 6:30 pm Recovery Group (Calvary Bible Church)

- 11:00am WSU Well Rep Exercises (Gym)
- 12:30 pm Beginning Spanish (Room 139)
- 1:30 pm Senior Legal Advisor (2nd Wednesday)

Thursday

- Foot Care (call for apt. 946-0722) (Linwood)
- 9:30 am Health and Wellness Support (3rd Thurs)
- 10:00 am Advisory Council (1st Thursday)
- 12:00 pm Alzheimer's Support Group (3rd Thurs.)
- 2:00 pm Senior Financial Advisor (3rd Thursday)
- 2:00 pm Writing Craft (1st Thursday)

Tuesday

- 9:00 am Senior Employment Job Club (NESC)
- 11 am Dining in Delano (3rd Tuesday)
- 12:00 pm Mexican Train Dominoes (Room 114)
- Prairie Quilt Guild (Scottish Rite)
- 2:00 p.m. Bible Study (Calvary Bible Church)
- Prairie Quilt Guild Bd Mtg (Scottish Rite)

Friday

- Competitive Pickleball (Orchard Park/Linwood)
- 9:30 am Wanda's Exercises
- 10:00am Nat'l Active/Retired Federal Employees (3rd of even month)
- 11:00am WSU Well Rep Exercises (Gym)
- 1:00 pm Party Bridge (Room 112)
- 1:00 pm S.E.C.A. (1st Friday)
- 1:30 pm Hand and Foot Cards (2nd & 4th, Rm 139)

Wednesday

- Competitive Pickleball (Orchard Park/Linwood)
- Recreational Pickleball (Orchard Park/Linwood)
- 9:00 am Advanced Spanish (Room 139)
- 9:30 am Wanda's Exercises

Saturday

- Good Time Dancers (For schedule and new location, call Cynthia at 772-0169)

Downtown Senior Center • 200 S. Walnut, Wichita, KS 67213 • (316) 267-0197

Hours: 8:00 a.m. - 4:30 p.m. • Director: Carolyn Earnest • CarolynE@seniorservicesofwichita.org

Registration Required for ALL Center Activities • Membership: \$25 per year



Downtown Senior Center



Downtown Senior Center members celebrated Valentine's Day with lunch, discussing world events and the next gathering on February 14 at the Wichita Art Museum.




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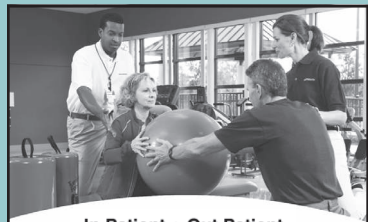
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Downtown Senior Center

Writing Craft

Our Writing Craft group meets Thursday, Thursday, April 5th @ 2:00 p.m. The topic will be: Beginning to Write. Published author Starla Criser leads this group. RSVP by calling 267-0197.

Prairie Moon Book Club

The Prairie Moon Book Club will hold its meeting Monday, April 2nd at 10:00 a.m. The book to be discussed is "The Door Keeper's Secret" by E.L. Morrow. RSVP: 267-0197.

Job Club

The weekly job club meetings are being held in the Northeast Senior Center at 9 a.m. Tuesdays. The SEP office is now at the Northeast Senior Center, 2121 E. 21st, during the renovation.

Tax Help Relocated

AARP is offering downtown tax assistance at First Methodist Church, 330 N. Broadway on Monday, Wednesday and Thursdays from 9 to 3. They are taking reservations now. Please call 316-258-5157 for an appointment.

National Healthcare Decisions Day

On Monday, April 16, from 10:00am to 12:30 p.m., Kansas Legal Services will be hosting a Power of Attorney drive at the Downtown Senior Center in honor of National Healthcare Decisions Day. National Healthcare Decisions Day exists to "inspire, educate, and empower the public and providers about the importance of advance care planning." Kansas Legal Services will have attorneys on hand to discuss power of attorneys and living wills, and even prepare the documents on the spot.

For questions in advance, call Christy Campbell, 316-265-9681.



SECA meets at the Downtown Senior Center the first Friday of each month.



Officer Rick Tejada, Wichita Police Department, provided DSC members with an update on the neighborhood March 6.



Line Dancing with Lanny debuted March 7 and continued every Wednesday throughout March.



Downtown Senior Center

Educational Opportunities:

April 2018

Monday, April 2nd @ 10:00 a.m.
The Prairie Moon Book Club Meeting
"The Door Keeper's Secret"
By E.L. Morrow
Theresa Reiter
RSVP: 267-0197

Thursday, April 5th @ 10:00 a.m.
Downtown Advisory Council Meeting
Topic: Update on the DSC remodeling

Thursday, April 5th @ 2:00 p.m.
Eating Healthy on a Budget
Shirley Lewis, K-State Extension Office
RSVP: 267-0197

Thursday, April 5th @ 2:00 p.m.
Writer's Craft: Beginning to Write
Starla Criser, Author
RSVP: 267-0197

Friday, April 6th @ 12:00 p.m.
Shriner's Jazz Band
RSVP: 267-0197

Friday, April 6th @ 1:00 p.m.
SECA
Starla Criser

Tuesday, April 10th @ 2:00pm
Intro to Acting & Singing
Andrew Young
RSVP: 267-0197

Wednesday, April 11th @ 1:30 p.m.
Senior Legal Advisor: Asset Protection
Cathleen A. Gulledge, MBA, CPA, JD,
LLM Taxation
RSVP; 267-0197

Thursday, April 12th @ 1:00pm
Egypt, Part 2 (rescheduled)
Crystal Diamond

Monday, April 16th @ 10:00 a.m. to 12:30 p.m.
Power of Attorney & Living Wills Day
National Healthcare Decisions Day
Attorneys from Kansas Legal Services
available to help fill out forms
and answer questions
RSVP: 267-0197

Tuesday, April 17th @ 11:00 a.m.
Prairie Lavender Farm
Mike Neustrom, Owner
RSVP: 267-0197

Tuesday, April 17th @ 1:00 p.m.
(change of time for today only)
Dining in Delano: The Wichita Fish Company
(rescheduled)
RSVP: 267-0197

Thursday, April 19th @ 1:00 p.m.
Latin Dance Series: Los Caporales
Judith Eguino Humerez
Cost: \$5
RSVP: 267-0197

Thursday, April 19th @ 1:00 p.m.
AARP - What is AARP up to?
Mary Turner, Kansas Director
RSVP: 267-0197

Thursday, April 19th @ 2:00 p.m.
Senior Financial Advisor
Stan Webb
RSVP: 267-0197

Tuesday, May 1st @ 1:00 p.m.
Diabetes: Journey to Control
Craig Bower, Pharmacist
Sam's Club
RSVP: 267-0197