



# Linwood Senior Center

## My Grown Up Christmas List

*No more lives torn apart,  
 That wars would never start,  
 And time would heal all hearts.  
 And everyone would have a friend.  
 And right would always win.  
 And love would never end.  
 This is my grown up Christmas List ~Anon~*

“Merry Christmas to You and A Happy New Year Too!”

Thank you so much for your faithfulness to your Senior Center. We have had a great year. We have had many new members and are thrilled to have had numerous donations and giving throughout the year. Our garage sale totaled \$625.00 after expenses, so THANKS again for all you do. Also, for many of you wondering what gift you can give for Christmas, why don't you give a gift of a senior center membership? Or if your children want to give you a gift, suggest a membership. Memberships are gifts that keep on giving! Make sure you look through the newsletter and mark some of the things you want to attend.

*(continued on page 10)*

### Ongoing Activities

#### Monday

- 9:00 Stretching
- 9:30 Dynabands
- 10:00 Bible Study  
(first Monday)
- 10:00 Early AM Bookclub  
(second Monday)
- 11:30 Friendship Lunch

#### Tuesday

- 9am-3pm Michelle's Foot Care
- 9:00 Brain Games
- 9-11 Pickleball
- 9:30 Fit & Balance
- 10:30 BINGO
- 11:30 Friendship Lunch
- 12:30 WSU Well-Rep
- 1:30 Dime Bingo!

- 2:30 Writing Craft (1st Tues)

#### Wednesday

- 9:00 Arthritis Exercise
- 11:30 Friendship Lunch
- 1:00 Pinochle with Friends

#### Thursday

- 9-11 Pickleball
- 9-9:45 Beginning Line Dance
- 10:00 Line Dance
- 11:30 Friendship Lunch
- 12:30 WSU Well-Rep
- 1:00 Pinochle With Friends
- 2:00 Games of Fame  
(4th Thursday)

#### Friday

- 9:00 Stronger Seniors
- 10:15 Presentations
- 10:30 (1st Friday) T & S  
Pressure check
- 11:30 Friendship Lunch
- 12:00 Tournament 13 pt Pitch

#### Daily/Anytime

- Walking
- GNNP Lunch (for reservations call 219-4020)
- 10 pt Pitch 12:30

#### Monthly

- 10:00 Advisory Council the last Wednesday of the month
- 10:30 Birthday Party the third Wednesday of the month

Linwood Senior Center • 1901 S. Kansas, Wichita, KS 67211 • (316) 263-3703

Hours: 8:00 a.m. - 4:30 p.m. • Director: Cherise Langenberg • CheriseL@seniorservicesofwichita.org

**Registration Required for ALL Center Activities**



## Linwood Senior Center

### Attention: We Need Your Help!!!

We also will be sending notices for memberships that have expired to remind people who are behind on membership payment. We hope you will help us "catch up" with regard to funding, especially as we go into the New Year. Our hope is to keep the Senior Centers going and we need your help to do so.

We also are starting something new at the four Senior Centers. We are asking people to wear CUSTOMIZED LANYARDS ---- given to those members who have CURRENT memberships when entering each Senior Center. This will help us identify one another and also help those at the front desk recognize people who may be coming from other Senior Centers, as we have many reports to process

for funding assistance. For people who do not want to pay the \$25 membership fee, we will be charging \$2 per day for attending the center --- this includes expired memberships. So, please make sure your membership is up to date to save this extra fee. The \$2 fee is also helpful for those who may want to try the senior center. Our goal is to provide you with a great experience for your membership fee. If you are having trouble with the cost of the fee, please talk with Cherise and she will do her best to assist you.

### Help With Wrapping!

Come on by the Linwood Center and let us wrap some gifts for you December 8 from 2-4:30pm. We will also be watching the movie "A Christmas Story." Join us for FUN!!!!

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## Linwood Senior Center Educational Programs

### December

Events are all on Fridays at 10:15am unless otherwise \* noted.

December 2, 2016

#### **“Lets’ PLAY---Great Gift Ideas for the Grandchildren and Family”**

Gwen Ottenberg, Imagine That Toys

December 9, 2016

#### **“Grief Support Through Holidays”**

Greg Schmidt, & Eric Mitchell,  
Heart & Soul Hospice

December 16, 2016

#### **“Financial Strategies for the New Year”**

Cynthia Otiero-Ongech,  
Consumer Credit Counseling

### Christmas Fun

Stop by each day in December to spy our little “Elf.” You may find him in different places throughout Linwood Center. When you find him, tell one of the LW team members and we will enter you (each time) in a drawing to be held at the end of the month for a stocking FULL of goodies. Come and play with us!



### Special Event: “Crazy Christmas Sock Party”

Come and join us on Tuesday, December 13, from 2-4 pm for a special treat!!!!

Wear some fun Christmas socks---, and bring a wrapped pair of Christmas socks to exchange! We will be having a hot chocolate bar and cookies! We will be singing carols with our “Own Donna Broz,” and we will have a visit from SANTA TOO! Don’t miss the fun time—come so we can CELEBRATE the season together!

### Coloring Seniors

There are many benefits to coloring, stress relief is just one of the many. Please plan on joining us on Wednesdays to color from 1-2pm. Debra La Shon Boone is the volunteer coordinating the class. We will have fun and there will be some gifts for those who participate. Call for more info!

### Early Morning Book Club

Early Morning Bookclub is heading to Al’s New and Used Bookstore! The owner, Anita Siemer, will share with us some coffee and some GREAT reads that she recommends. If you would like to join us, please RSVP to 263-3703. We will be meeting at Al’s Bookstore at 360 E William Street, Suite 102, on December 12 at 10am. You may also want to purchase a few books for Christmas as well!

### Writing Craft

Date: December 6 from 2:30 - 4pm. Topic: “Marketing: Website/blog, author bio, press kit, public speaking, book signing, social media.” Call Starla Criser at 393-8195 for more information.

### Director’s Notes

*(continued from page 8)*

As always we have some fun things going! Our “Crazy Christmas Sweater and Sock Party” is a fun option for you. Also, you better be nice and not naughty as Santa himself will be in the house! We also still have available the 4-center event with Mosley Street Melodrama “Holidays of Our Lives.” This will be a fun event, and you can treat yourself with dinner and a fun play.

We wish you the happiest of holidays and look forward to busy December and the New Year!

~Cherise & the Linwood Team~



## Linwood Senior Center



### Craft Time With Barbara

Craft Time with Barbara  
Wednesday, December 7 from 2-4pm.  
We will be making the “cutest vintage stockings ever!!!” Cost is \$5 per stocking. Call to RSVP at 263-3703

### Computer Class

Basic computer training classes are available. Jim Jones will be teaching. Please give us a call to sign up or find out more.

### Living Well Support Group

Living Well Chronic Support Group is going to take a hiatus this month. Look for more info in the next newsletter.

### Holiday Closing

The Linwood Center will be closed on Monday, December 26, to celebrate Christmas.

### Bible Study

Bible Study will be meeting on December 7 from 10-11am, so please feel free to join us!

### Cooking With Hatsue!

Come to your Linwood Senior Center and learn how to make Goyza on December 21 from 2-3:30pm. It is a dumpling-like delight. Please call to RSVP 263-3703. Our own “Hatsue” (Sue) Donnelly will be instructing us!

### Special Event!

We are intending to head to Mosley Street Melodrama on Sunday, December 11, to go to the production “Holidays of Our Lives.” It should be a great time of food, fellowship and fun! Call 263-3703 for more information 263-3703.

### Victorian Tea

Join us at the Downtown Senior Center, 200 S. Walnut, on December 15 at 2:30 p.m. for a Christmas Victorian Tea and Coffee. Marti McCartney, living history interpreter and presenter; corsetiere & seamstress, will present The Captain’s Lady. The cost is \$3 for members and \$5 for non-members. See you there!

### Happy Birthday

Bennett, Richard  
Bond, Larry  
Brown, Sharon  
Burdick, Brian  
Darlington, Ray  
Dill, Ella  
Doffing, Shirley  
Eugea, Connie  
Ferry, Kathy  
Hartnett, Sylvester  
Holden, Karen

McDaniel, Brian  
Olsen, Jackie  
Rose, Sue  
Sanger, Rita  
Stinnett, Diane  
Swafford, Delores  
Thorton, Donna  
Ware, Truman  
Watson, John  
Zordel, Herbert