Dear Friends,

We have moved out of the Downtown Senior Center building, so work continues... My office is now at the West Side Baptist Church across the street, 304 S. Seneca, where programs and events continue to be planned.

Did you attend the Dining in Delano: The Monarch luncheon, the AgeSafely Beta Lab tour, or the Women on the Move events over the last few months? Why not?

Here is your chance to attend an interesting presentation. The Prairie Moon Book Club members are reading the book, Kinship Concealed, by two Kansas authors, Sharon Cranford and Dwight E. Roth. During a conversation these Kansans discovered that they were related! So as the conversations continued and more was revealed they decided to write a book about their shared Amish immigrants, Mennonite, and African American relatives.

The Book Club will discuss the book at their September meeting. In October, Sharon Cranford and Dwight E. Roth will present individually their side of the family connection... with book signings on both days.

(continued on page 6)

Ongoing Activities, West Side Baptist Church, 304 S. Seneca

**Monday**

- Pool/Snooker (Orchard Park/Linwood)
- Competitive Pickleball (Orchard Park/Linwood)
- 9:30 am Senior Employment Orientation (moved to NE Senior Center)
- 9:30 am Wanda’s Exercises (Gym)
- 10:00 am Prairie Moon Book Club (1st Monday) (Room 139)
- 11:00 am Lewis Street Singers (Chapel)
- 11:00 am WSU Well Rep Exercises (Gym)
- 1:00 pm Grand Slam Bridge (Bristo/Room112)
- 4:00 pm Funtastics (1st Monday) (Chapel)
- 6:30 pm Recovery Group (Calvary Bible Church)

**Tuesday**

- 9:00 am Senior Employment Job Club (moved to NE Senior Center)
- 11 am Dining in Delano (3rd Tuesday)
- 12:00 pm Dominoes (Room 114)
- Prairie Quilt Guild (Scottish Rite)
- 2:00 p.m. Bible Study (Calvary Bible Church)
- Prairie Quilt Guild Bd Mtg (Scottish Rite)

**Wednesday**

- Competitive Pickleball (Orchard Park/Linwood)
- Recreational Pickleball (Orchard Park/Linwood)

- 9:00 am Advanced Spanish (Room 139)
- 9:30 am Wanda’s Exercises (Gym)
- 11:00 am WSU Well Rep Exercises (Gym)
- 11:30 am Common Market (every other Wednesday)
- 12:30 pm Beginning Spanish (Room 139)
- 1:30 pm Senior Legal Advisor (2nd Wednesday)

**Thursday**

- Foot Care (call for apt. 946-0722) (Linwood)
- 10:00 am Advisory Council (1st Thursday)
- 12:00 pm Alzheimer’s Support Group (3rd Thurs.)
- 2:00 pm Senior Financial Advisor
- 2:30 pm Writing Craft (1st Thursday)

**Friday**

- Competitive Pickleball (Orchard Park/Linwood)
- 9:30 am Wanda’s Exercises (Gym)
- 11:00am WSU Well Rep Exercises (Gym)
- 1:00 pm Party Bridge (Room 112)
- 1:00 pm S.E.C.A. (1st Friday)
- 1:30 pm Hand and Foot Cards (2nd & 4th, Rm 139)

**Saturday**

- Good Time Dancers (For schedule and new location, call Cynthia at 772-0169)
Aging Safely Trip to Beta Site

After a series of programs explaining the Aging Safely technology at the Downtown Senior Center, Center members enjoyed a trip to the beta lab and headquarters of the new company July 17, where they had the opportunity to participate in discussions about technology to help seniors stay in their home.
Downtown Senior Center

Writing Craft

Our Writing Craft group meets Thursday, September 7th, at 2:30 p.m. The topic will be characters. Published author Starla Criser leads this group. RSVP by calling 267-0197.

Prairie Moon Book Club

The Prairie Moon Book Club will meet Monday, Sept 11th @ 10:00 a.m. We will be discussing the book, ‘Kinship Concealed’ by Dwight E. Roth and Sharon Cranford. Please RSVP to 267-0197.

Living with Alzheimer’s

Jenna Smith, Alzheimer’s Association, will present a three-part session on Living with Alzheimer’s for Caregivers in September: Early Stage, Tuesday, Sept 12 @ 1:00 p.m.; Middle Stage, Tuesday, Sept 19 @ 1:00 p.m.; Late Stage, Tuesday, Sept 26 @ 1:00 p.m.

Dining in Delano

Participants in the Downtown Senior Center enjoyed their second Dining in Delano trip at Delano’s Diner July 18.

In addition to the fabulous food and great fellowship, they enjoyed a presentation by the manager on his journey to become a chef.

The next outing is set for Tuesday, August 15th at 11:00 a.m. at The Monarch, 579 W. Douglas.

Alzheimer’s Support Group

The Downtown Senior Center is sponsoring a monthly support group meeting for Alzheimer’s caregivers. It meets the third Thursday of each month at 12:00 at West Side Baptist Church. Jenna Smith, Family Care Coordinator for the Alzheimer’s Association Central and Western Kansas Chapter, is facilitating the group.

Job Club

The weekly job club meetings are being held in the Northeast Senior Center at 9 a.m. Tuesdays. The SEP office has now moved to the Northeast Senior Center, 2121 E. 21st, during the renovation.

Director’s Notes

(continued from page 4)

So come and enjoy the adventures at the Downtown Senior Center/West Side Baptist Church.

Have a wonderful September.
Spirit around you and yours, Carolyn

Mike Flynn & Charles Chauncey, Com. Air Force, Jayhawks Wing Chauncey, WWII B-29 bomber, presented a program on July 11 celebrating freedom.
Downtown Senior Center

Educational Opportunities:

**September 2017**

**Living with Alzheimer’s For Caregivers**
Jenna Smith, Alzheimer’s Association

- Early Stage Tuesday, Sept 12 @ 1:00pm
- Middle Stage Tuesday, Sept 19 @ 1:00pm
- Late Stage Tuesday, Sept 26 @ 1:00pm

Friday, September 1, 2017 @ 1:00pm
**SECA**
Starla Criser

Fridays, Sept 8th, 15th, 22nd, & 29th @ 1:00pm
**WSU LifeLong Learning Series:**
- Lead Type, Bullets, & Brazen Nerve
  Beccy Tanner

Thursday, Sept 14th @ 1:00pm
**Senior Stars**
**A Celebration of Senior Center Month**
Westside Church of God

Tuesday, Sept 19th @ 11:00am
**Dining in Delano: Delano Barbeque**
RSVP: 267-0197

Thursday, Sept 21st @ 1:00pm
**Genealogy Series:**
- Exploring Family History
  Mary Hursey, Wichita Genealogical Society
  RSVP: 267-0197

Wednesday, Sept 27th @ 1:00pm
**Genealogy Series:**
- Searching the Internet
  Mary Hursey, Wichita Genealogical Society
  RSVP: 267-0197

Friday, September 29th @ 10:00am
**Intro to Sketching Animals**
Joan Morrison
RSVP: 267-0197

Fridays, Oct 6th, 13th, 20th, & 27th @ 1:00pm
**Kansas Sacred Places**
Beccy Tanner
RSVP: 267-0197

Tuesday, Oct. 10th @ 1:00pm
**Kinship Concealed: The Amish & Mennonite Family Connection—and Book Signing Event**
RSVP: 267-0197

Thursday, Oct.12th @ 1:00pm
**Intro to the World of Painting**
Mike Fallier
RSVP: 267-0197

Tuesday, Oct. 17th @ 1:00pm
**Alias: Billy the Kid**
Gerald McCoy
RSVP: 267-0197

**Center Fundraiser - Walk About Tacos**

Friday, Sept 15th @ 11:00-12:30pm
Downtown Senior Center Fund Raiser:
Walk About Tacos $5
RSVP: 267-0197

**Advisory Committee**

The committee meets Thursday, Sept, 7, at 10:00 a.m.

**October 2017**

Tuesday, Oct 3rd @ 1:00pm
**Kinship Concealed: The African American Family Connection --- & Book Signing Event**
Sharon Cranford
RSVP: 267-0197

Tuesday, Oct. 10th @ 1:00pm
**Kinship Concealed: The African American Family Connection --- & Book Signing Event**
RSVP: 267-0197

Thursday, Oct.12th @ 1:00pm
**Intro to the World of Painting**
Mike Fallier
RSVP: 267-0197

Tuesday, Oct. 17th @ 1:00pm
**Alias: Billy the Kid**
Gerald McCoy
RSVP: 267-0197

WSU’s Well Rep programs are temporarily being held in the sanctuary at West Side Baptist Church.